

December 2018

Nac ISD Middle School Menu

Monday

3
Vertical Bar/Cheese Stick/Peach Cup
Chili Dog or Hot Pocket
Oven Fries
Purple Hull Peas
Pineapple Tidbits
Milk

10
Cinni-Mini/Peach Cup
Mr. Rib Sandwich or Chicken Sandwich
Seasoned Potato Wedges/
Baked Beans
Applesauce Cup
Milk

17
Mini Donut/Peach Cup
Beef Empanada or Nacho Bites
Corn
Seasoned Carrots
Craisins/Milk

No School

No School

Tuesday

4
Pears/Milk Break
Burrito/Mixed Fruit Cup
Taco Roll or Cheese Nachos
Cornbread Muffin
Black Beans/ Corn
Peaches/Milk

11
Kolache/Mixed Fruit
Chicken Crispito or Chicken Fajita Taco
Refried Beans
Salsa Cup
Tostito Chips

18
Mini Pigs in Blanket/Mixed Fruit
Oven Fried Chicken or Pork Chops
Mashed Potatoes/Gravy
Green Beans
Apricots/Milk

No School

Did you know...

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.

Wednesday

5
Break Pizza/Mandarin Orange Cup
Mini Corn Dogs or Pizza
Seasoned Carrots
Celery Sticks/Dip
Grapes

12
Break Pizza/Mandarin Orange Cup
Chicken Nuggets or Steak Fingers/Texas Toast/Mashed Potatoes
Gravy/Black eyed Peas
Frozen Fruit Smoothie

19
Breakfast Pizza/Mandarin Orange
Little Smokies or Mini Beef Riblettes
Mac&Cheese/Baked Beans/Sweet Potato Tots/Emoji Cup/Milk

No School

Thursday

6
Honey Bun/Pear Cup
Glazed Ham or Chicken Rings
Sweet Potato Soufflé
Green Beans/Roll
Applesauce/Milk

13
Sausage on Bun/Pineapple Cup
Lasagna or Pizza
Dark Green Salad
Corn
Orange Wedges
Milk

20
Mini Waffles/Pineapple
Salisbury Steak or Chef Salad/Roll
Baby Bakers Potatoes
Turnip Greens
Strawberry Cup
Milk

No School

Friday

7
Mini Pancake/Apple Slices
Scrambled Eggs/ Sausage Link/ or Ham & Cheese Croissant
Jicama/Seasoned Sweet Potato Cubes/ French Toast Sticks/ Milk

14
Mini Waffles/Apple Slices
Frito Pie or Popcorn
Chicken/Roll
Curly Fries
Baby Carrots
Milk

21
Big Muffin/Apple Slices
Early Release
Dragonable
Baby Carrots
Mixed Fruit
Milk

No School

Breakfast

Offered Daily at breakfast:

Assorted Cereal
Fresh Fruit
Juice
Milk

Students must pick three items and one must be a fruit or juice.

Breakfast is free for all Students

Lunch

Lunch includes choice of fresh fruit and Milk.

Students must pick three components. One must be a fruit or vegetable.

Lunch is free for all students.

Dragonable has turkey ham, cheese and crackers.

This institution is an equal opportunity provider.