

FEBRUARY

Nac ISD Middle School

SCAN TO DISCOVER
YOUR HERO IDENTITY



OPEN
SNAPCHAT

SCAN
CODE

BE A
HERO!



FRIDAY

- 1 Mini Waffles
- Popcorn Chicken or Homemade Chili w/Rice
- Cornbread
- Curly Fries
- Green Salad
- Grapefruit
- Milk

- 8 Big muffin/Apple Slices
- Grilled Cheese Sandwich or Sub Sandwich
- Tomato Soup
- Potato Smiles
- Pears
- Milk

- 15 Breakfast Burrito/Apple Slices
- Nacho Supreme or Cheese Quesadilla
- Pinto Beans
- Jicama
- Salsa Cup
- Peaches

- 22 Yogurt and Lil' Grahams/Apple Slices
- Chicken Crispito or Nacho Bites
- Refried Beans
- Salsa Cup
- Grapes
- Milk
- Be Humble Day

THURSDAY

- 7 Mini Waffles/Pineapple Salisbury Steak or Chef Salad
- Baby Bakers
- Turnip Greens
- Strawberry Cup
- Milk
- Send a Card to a Friend Day

- 14 Mini Bagel/Pear Cup
- Asian Chicken or Egg Rolls
- Noodles
- Stir Fired Vegetables
- Dark Green Salad
- Applesauce Cup
- Milk
- Valentine's Day

- 21 French Toast Sticks/Pear cup
- Spaghetti and Meat Sauce or Chicken Nuggets
- Bread Cheese Stick
- Marinara Cup
- Broccoli & Cheese
- Orange/Milk

- 28 Honey Bun/ Pear Cup
- Chuckwagon /Cheesy Bread stick or Meatball Sub
- Green Beans
- Dark Green Salad
- Mixed Dried Fruit
- Milk

WEDNESDAY

- 6 Breakfast Pizza/Mandarin Orange Cup
- Little Smokies or Mini Ribletts
- Mac & Cheese
- Baked Beans
- Sweet Potato Tots
- Emoji Fruit Cup/Milk

- 13 Breakfast Pizza/Mandarin Orange Cup
- Steak Fingers or Chicken Fries/Texas Toast
- Mashed Potatoes/Gravy
- Green Beans
- Dragon Fruit Slushie
- Milk

- 20 Breakfast Pizza/Mandarin Orange Cup
- Fish Nuggets or Hot Pocket
- Green Beans
- Carrots
- Mac & Cheese
- Pink Lemonade Frozen
- Fruit Smoothie/Milk

- 27 Breakfast Pizza/Mandarin Orange Cup
- Mini Corn Dogs or Pizza
- Seasoned Carrots
- Celery Sticks w/ Dip
- Fruit Juice
- Milk

TUESDAY

- 5 Mini Pigs in Blanket/Mixed Fruit
- Oven Fried Chicken or Pork Chops
- Roll
- Mashed Potatoes
- Green Beans
- Apple
- Apricots
- Milk

- 12 Pig in Blanket/Mixed Fruit
- BBQ Sandwich or Fish Sandwich
- Spicy Sweet Potato Fries
- Northern Beans
- Pineapple Tidbits
- Milk

- 19 Stuffed Crescent/Mixed Fruit Cup
- Hamburger or Chicken Sandwich
- Tater Tots
- Green Peas
- Raisels
- Milk

- 26 Breakfast Burrito/Mixed Fruit Cup
- Taco Roll or Cheese Nachos
- Cornbread Muffin
- Black Beans
- Corn
- Peaches
- Milk

MONDAY

- 4 Mini Powdered Donuts/Peach Cup
- Beef Empanada or Pizza
- Seasoned Carrots
- Corn
- Craisins
- Pineapple Tidbits
- Milk

- 11 Pop Tarts/Peach Cup
- Ravioli /Breadstick or Pizza
- Corn
- Seasoned Carrots
- Mixed Fruit/Milk
- Random Acts of Kindness Week

18 **No School**
This institution is an equal opportunity provider.

President's Day

- 25 Vertical Bar/Cheese Stick/Peach Cup
- Chili Dog or Hot Pocket
- Oven Fries
- Purple Hull Peas
- Pineapple Tidbits
- Milk

How will YOU lend a hand today?



AGENTS FOR CHANGE

BE A HERO