

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

Breakfast includes choice of Milk and Juice.

M	T	W	TH	F
No School 1	No School 2	No School 3	No School 4	
No School 7	Poptarts/Peach Cup Ravioli/Bread stick or Pizza Corn Seasoned Carrots Mixed Fruit/Milk 8	Breakfast Pizza/Mandarin Orange Steak Fingers or Chicken Fries/Texas Toast Mashed Potatoes/Gravy Green Beans/Dragon Fruit Slushie/Milk 9	Mini Bagel/Pear Cup Asian Chicken or Egg Roll Noodles/Stir Fry Vegetables/Dark Green Salad/Applesauce Cup Milk 10	Breakfast Burrito/Apple Slices Nacho Supreme or Cheese Quesadilla Pinto Beans Salsa Cup/Jicama Peaches/Milk 11
Cereal Bar/Cheese Stick/Peach Cup Hamburgers or Chicken Sandwich Tater Tots Green Peas Raisels/Milk 14	Stuffed Crescent/Mixed Fruit Oven Fried Chicken or Pork Chops Mashed Potatoes/Gravy Green Beans Apricots/Milk 15	Breakfast Pizza/Mandarin Orange Little Smokies or Mini Beef Riblettes Mac&Cheese/Baked Beans/Sweet Potato Tots/Emoji Cup/Milk 16	French Toast Sticks/Pear Cup Spaghetti & Meat Sauce or Chicken Nuggets Bread-Cheese Stick Marinara Cup/Broccoli & Cheese/Orange 17	Yogurt & Cheese /Apple Slices Chicken Crispito or Nacho Bites Refried Beans/Salsa cup Grapes/Milk 18
No School Holiday 21	Vertical Bar & Cheese/Mixed Fruit Cup Taco Roll or Cheese Nachos Cornbread Muffin Black Beans/ Corn Pineapple Tidbits/Milk 22	Break Pizza/Mandarin Orange Cup Mini Corn Dogs or Pizza Seasoned Carrots Celery Sticks/Dip Fruit Juice Milk 23	Honey Bun/Pear Cup Chuck wagon/Cheesy Bread Stick or Meatballs on Sub Green Beans Dark Green Salad Mixed Dried Fruit 24	Mini Pancake/Apple Slices Scrambled Eggs/ Sausage Link/ or Ham & Cheese Croissant Jicama/Seasoned Sweet Potato Cubes/ French 25
Cinni-Mini/Peach Cup Mr. Rib Sandwich or Chicken Sandwich Seasoned Potato Wedges/ Baked Beans Applesauce Cup Milk 28	Kolache/Mixed Fruit Chicken Crispito or Chicken Fajita Taco Refried Beans Salsa Cup/Tostito Chips Bell Pepper and Onion Pears/Milk 29	Break Pizza/Mandarin Orange Cup Chicken Nuggets or Steak Fingers/Texas Toast/Au gratin Potatoes Gravy/Black eyed Peas/Frozen Fruit Smoothie 30	Sausage on Bun/Pineapple Cup Lasagna or Pizza Dark Green Salad Corn Orange Wedges Milk 31	

**SPECIAL
ANNOUNCEMENTS**

Breakfast and lunch are offered free of charge to all students.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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This institution is an equal opportunity provider.

ORANGE STAR

Orange



Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how.

Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.

FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

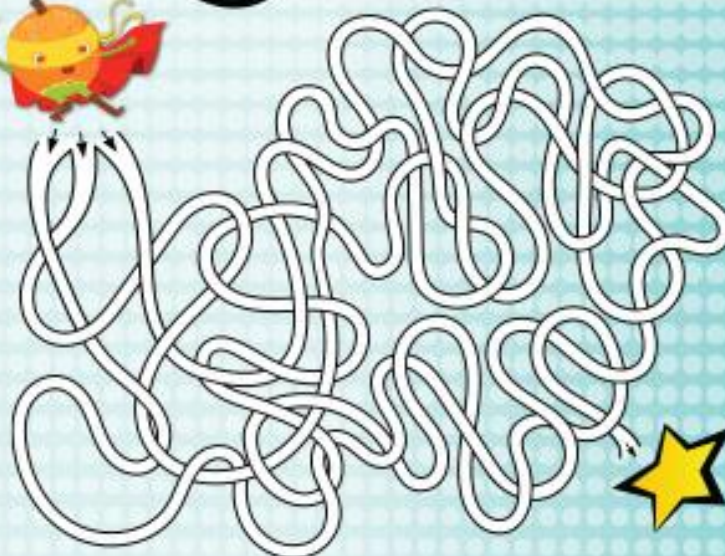


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3