

JANUARY 2019

Main Event

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School

1

No School

2

No School

3

No School

4

No School

7

Breakfast Burrito

8

Chicken Nuggets Or
Hamburger Steak W/
Gravy
Roasted Potatos
Garden Salad
Hot Roll
Fresh Fruit/Milk

Cinnamon Roll W/ Smokies

9

Chicken Alfredo W/
Bread Stick Or
Pepperoni Hot Pocket
Tuscan Vegetables
Garden Salad
Fruit Cup
Milk

Breakfast Pizza

10

Scrambled Egg/Sausage
Link Or Ham & Cheese
Croissant
Seasoned Sweet Potato
Cubes
French Toast Sticks,
Jicama
Fruit Juice/ Milk

Biscuit, Scrambled Eggs,
& Sausage Patty

11

Boneless Chicken
Wings Or Fish Stick
Seasoned Carrots
Texas Toast
Ranch Beans
Celery Sticks W/ Dip
Fruit Cup/Milk

Sausage On A Stick

14

Mini Ribletts Or
Steak Fingers
Garden Salad
Roasted Potatoes
Chili Beans,
Peppered Gravy
Baby Carrots
Fresh Pear, Milk

Sausage Biscuit

15

Oven Fried
Chicken Or
Popcorn Chicken
Mashed Potatoes
W/ Gravy
Green Beans
Sliced Apricots
Hot Roll / Milk

French Toast Stick W/
Smokies

16

Ravioli W/ Bread Stick
Or
Stuffed Crust Pizza
Seasoned Carrots
Corn, Garden Salad
Mixed Fruit
Milk

Breakfast Pizza

17

Salisbury Steak W/
Brown Gravy Or
Pork Chop
Augratin Potato
Turnip Greens
Cornbread Muffin
Peppered Gravy
Strawberry Cup / Milk

Asst. Muffin W/ Smokies

18

Grilled Cheese Or
Sub Sandwich
Turkey Tortilla Soup
Potato Smiles
Diced Pears
Baby Carrots
Milk

No School

21

Donut W/ Smokies

22

Chicken Strips Or
Chicken Fried Chicken
Green Beans
Baby Carrots W/ Dip
Mac & Cheese/
Peppered Gravy
Diced Peaches
Hot Roll

Ham & Cheese Croissant

23

Pizza Pocket Or
Spaghetti Bowl W/ Hot
Roll
Corn
Garden Salad
Green Peas
Orange Wedges/ Milk

Breakfast Pizza

24

General Tso' Chicken Or
Chicken Teriyaki
Fried Rice, Garden Salad
Sm Egg Roll (1) / Mixed
Veggie / Garden Salad
Hot Roll
Diced Pears, Milk

Honey Bun W/ Smokies

25

Stuffed Baked Potato
W/ Roll
Or Mini Corndog
Garden Salad
Baby Carrots
Baked Beans
Grapes, Milk

Sausage Kolache

28

Popcorn Shrimp Or
Spicy Chicken Tenders
Smiley Fries
Ranch Beans
Fruit Juice, Baby
Carrots
Hot Roll, Milk

French Toast W/
Smokies

29

Dragon Asian Bowl Or
Egg Roll (2)
Fried Rice
Stir Fry Vegetables
Garden Salad /
Mandarin Oranges
Milk

Cheese Omelet W/
Sausage Link

30

Chicken Parmesan W/
Penne Pasta W/ Texas
Toast
Or Pizza
Savory Green Beans,
Carrot Coins
Fruit Juice / Milk

Breakfast Pizza

31

Chicken Fried Steak Or
Chicken Nuggets
Mashed Potato W/
Gravy
Garden Salad
Corn on the Cob(2)
Applesauce Cup /
Biscuit / Milk

DID YOU KNOW...
January's gem is
garnet which
represents
constancy.

School News

Additional
Breakfast Entrees
Offered Daily:
Mini Donuts
Asst. Poptarts
Asst. Cereal

Breakfast also
Additional fruits:
Fresh Fruit
Asst. Juice

Every Tuesday
Breakfast Parfait

*This institution is an
equal opportunity
provider.*