

# NOVEMBER 2018

## NACOGDOCHES ISD MIDDLE SCHOOL MENU

Monday

Tuesday

Wednesday

Thursday

Friday

### Did You Know...

Scorpio and Sagittarius are the astrological signs for November. Birthdays from November 1st through the 21st fall under the Scorpio sign. November 22nd through November 30th birthdays fall under the sign of Sagittarius.

5  
Mini Donut/Peach Cup  
Pizza or Beef Empanada  
Corn  
Seasoned Carrots  
Cranberries  
Milk

6  
Mini Pig in a Blanket/Mixed Fruit  
Fish Nuggets or Hot Pocket  
Green Beans/Seasoned Carrots/Mac&Cheese  
Peaches  
Milk

7  
Breakfast Pizza/Mandarin Orange  
Pizza or Chicken Fried Steak Sandwich  
Oven Fries/Dark Green Salad/Pink Lemonade  
Frozen Fruit Cup/Milk

1  
Honey Bun/Pear Cup  
Lasagna or Pizza  
Dark Green Salad  
Corn  
Orange Wedges  
Milk

2  
Mini Waffles/Apple Slices  
Frito Pie or Popcorn  
Chicken/Roll  
Curly Fries  
Baby Carrots  
Milk

12  
Cereal Bar/Cheese Stick/Peach Cup  
Hamburgers or Chicken Sandwich  
Tater Tots  
Green Peas  
Raisels/Milk

13  
Stuffed Crescent/Mixed Fruit  
Oven Fried Chicken or Pork Chop /Roll  
Mashed Potatoes  
Green Beans  
Apricots/Milk

14  
Breakfast Pizza/Mandarin Orange  
Little Smokies or Mini Beef Riblettes  
**Mac&Cheese/Baked Beans/Sweet Potato Tots/Emoji Cup**  
Milk

15  
French Toast Sticks/Pear Cup  
Spaghetti & Meat Sauce or Chicken Nuggets  
Bread-Cheese Stick  
Marinara Cup/Broccoli & Cheese/Orange Wedges/Milk

16  
No School

19  
No School

20  
No School

21  
No School

22  
No School

23  
No School

26  
Poptarts/Peach Cup  
Ravioli/Bread stick or Pizza  
Corn  
Seasoned Carrots  
Mixed Fruit/Milk

27  
Pig-n-Blanket/Mixed Fruit Cup  
BBQ on Bun or Fish Sandwich  
Spicy Sweet Potato Fries  
Great Northern Beans  
Pineapple tidbits/Milk

28  
Breakfast Pizza/Mandarin Orange  
Steak Fingers or Chicken Fries/Texas Toast  
Mashed Potatoes/Gravy  
Green Beans/Dragon  
Fruit Slushie/Milk

29  
Mini Bagel/Pear Cup  
Asian Chicken or Egg Roll  
Noodles/Stir Fry  
Vegetables/Dark Green Salad/Applesauce Cup  
Milk

30  
Breakfast Burrito/Apple Slices  
Nacho Supreme or Cheese Quesadilla  
Pinto Beans  
Salsa Cup  
Peaches/Milk

### Breakfast

Offered Daily at breakfast:

Assorted Cereal  
Fresh Fruit  
Juice  
Milk

Students must pick three items and one must be a fruit or juice.

Breakfast is free for all Students

### Lunch

Lunch includes choice of fresh fruit and Milk.

Students must pick three components. One must be a fruit or vegetable.

Lunch is free for all students.

This institution is an equal opportunity provider.